



General Education Assessment Health Promotion and Physical Activities

2021-2022

Health Promotion and Physical Activities Competency

Courses in the health promotion and physical activities competency disciplines enable students to develop the knowledge and skills required for a physically fit and healthy functioning human body. Scholarly study in the health promotion and physical activity disciplines promotes the understanding and the intellectual abilities essential to making informed decisions about how to be healthy and physically fit. Students who have completed the General Education (GE) health promotion and physical activities competency can:

- Explain the factors that influence health and wellness, and affect major public health issues in society (SLO 1),
- Identify barriers to and evaluate strategies for achieving optimal health among all populations, including those experiencing health disparities (SLO 2),
- Apply concepts, skills, tools and methods in health promotion to assess and improve personal health (SLO 3).

Sample

Courses	Sections	Total Students	Student Artifacts
3	86	2709	3747

Sample Profile

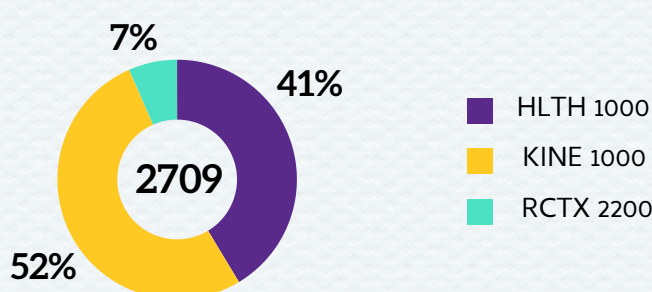


59% of the students are female
67% are Freshman or Sophomore
36% are rural students



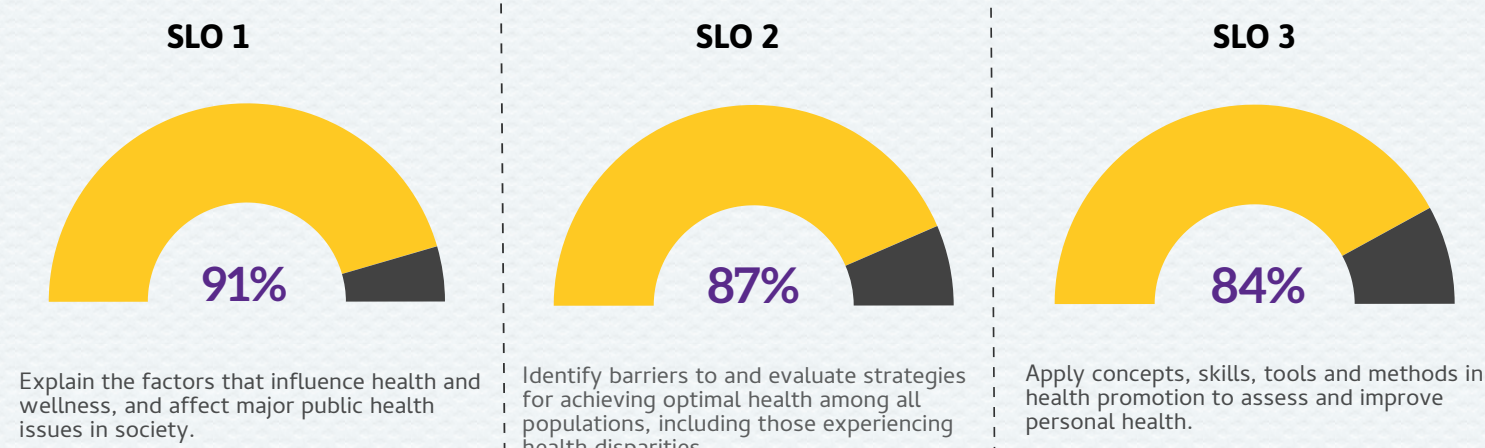
Average weighted HS GPA is 3.7
Average cumulative GPA is 3.0
Average age is 19.9 years

Students Sampled by Course

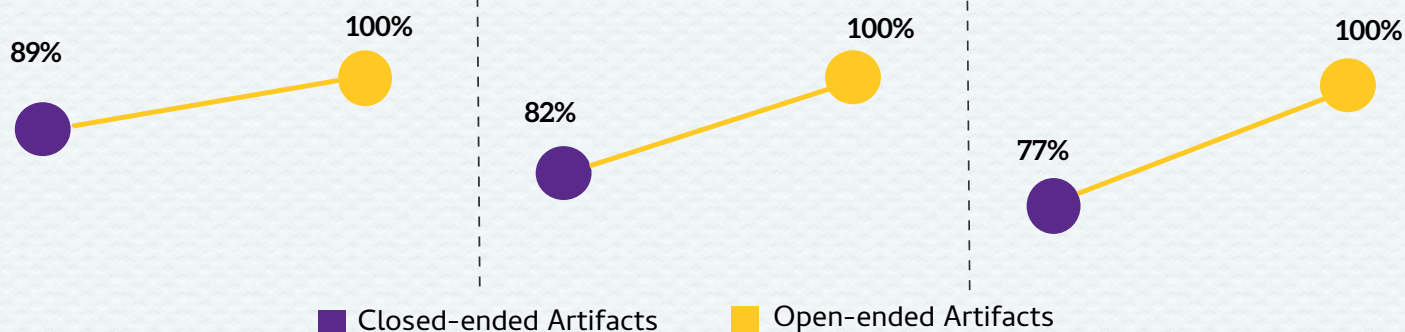


Assessment Results

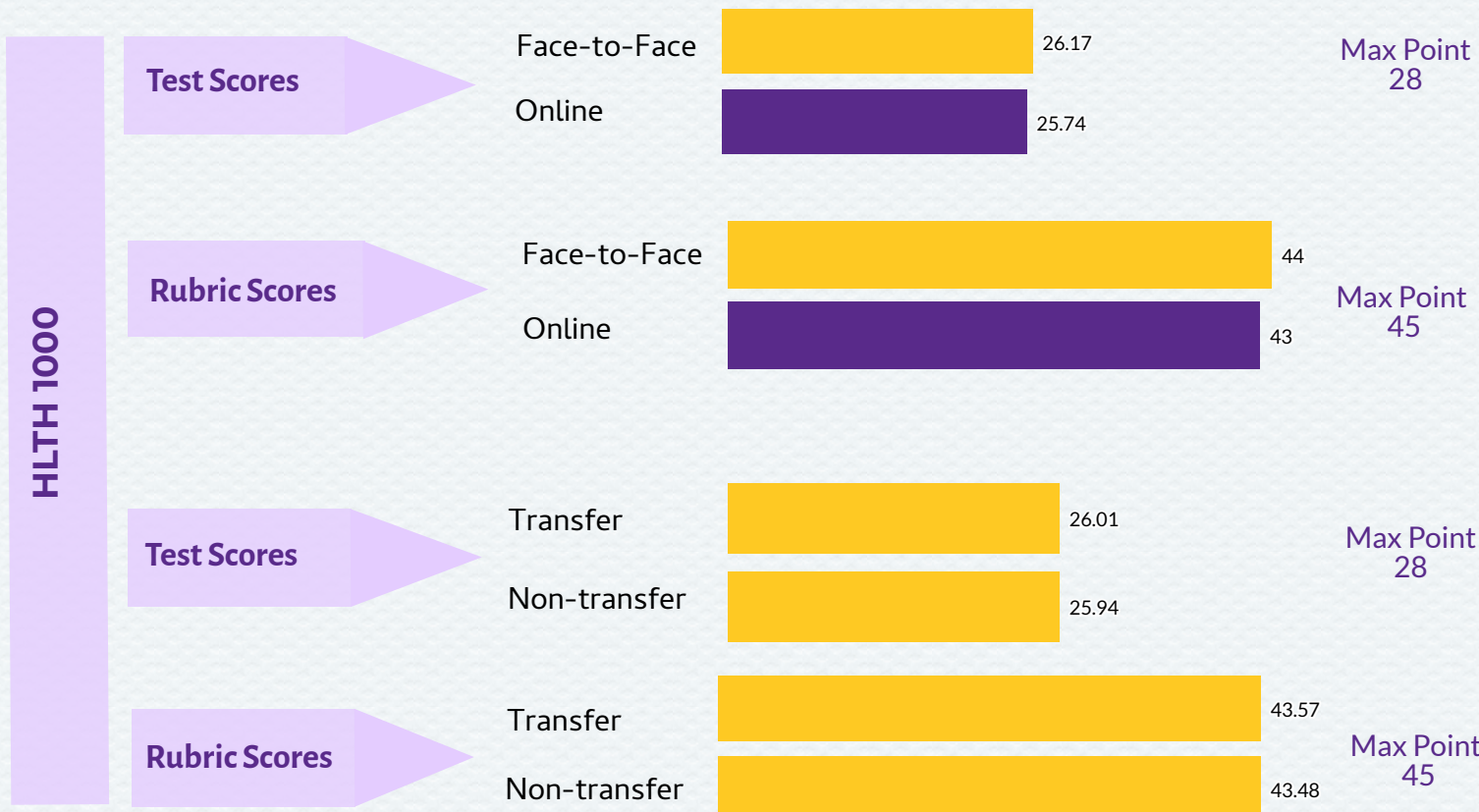
The Percentage of Students Scoring 'Meets Expectation' or Above on Each SLO



The Percentage of Students Scoring 'Meets Expectation' or Above by Artifact Types



Statistical Analysis Results



- Statistically significant difference in average exam scores of students, but small effect size
- Not statistically significant difference in average exam scores of students