**General Education Assessment**

*Health Promotion and Health-Related Physical Activity*

2017-2018: KINE 1000 & 1001 // HLTH 1000

**Sample Profile (KINE 1000 & 1001 N=1,117)**

- 61% of the students are female
- 44% are Juniors or Seniors
- 42% are rural students

- Average unweighted high school GPA is 3.3
- Average cumulative GPA is 3.1
- Average final course grade is 3.3

**Sample Profile (HLTH 1000 N=1,155)**

- 59% of the students are female
- 10% are Juniors or Seniors
- 48% are rural students

- Average unweighted high school GPA is 3.3
- Average cumulative GPA is 2.9
- Average final course grade is 3.5

**GE Learning Outcomes**

1. Explain the factors that influence health and wellness, and affect major public health issues in society.

2. Identify barriers to and evaluate strategies for achieving optimal health among all populations, including those experiencing health disparities.

3. Apply concepts, skills, tools and methods in health promotion to assess and improve personal health.